

Curriculum Vitae

Frank Martela 10/31/20

Date and place of birth:	<ul style="list-style-type: none">• Born: 6.11.1981, Espoo, Finland. Citizenship: Finland. Residence: Finland
Education and degrees:	<ul style="list-style-type: none">• Title of Docent, Psychology of Well-being (Hyvinvoinnin psykologian dosentti), Department of Psychology, Faculty of Social Sciences, University of Tampere, 2019• Doctor of Social Sciences, University of Helsinki. Year of completion: 2019 Faculty of Social Sciences, Discipline of Practical Philosophy<ul style="list-style-type: none">○ Title of Dissertation: A Pragmatist Inquiry into the Art of Living – Seeking Reasonable and Life-enhancing values within the fallible human condition.• Doctor of Philosophy, Aalto University. Year of completion: 2012. Department of Industrial Engineering and Management, Unit of Work Psychology and Leadership<ul style="list-style-type: none">○ Title of Dissertation: Caring Connections – Compassionate Mutuality in the Organizational Life of a Nursing home.• Master of Science (social), Helsinki University. Year of graduation: 2008 Department of Social and Moral Philosophy<ul style="list-style-type: none">○ Major: Social and Moral Philosophy, Minor: Theoretical Philosophy○ Master's Thesis: From ontological naturalism to moral relativism• Master of Science (tech.), Helsinki University of Technology. Year of graduation: 2007 Degree Program of Information Networks<ul style="list-style-type: none">○ Major: Knowledge Intensive Business, Minor: Marketing○ Master's Thesis: The significance of culture in promotion of corporate social responsibility in the supply chain: A case study of India.• Tapiola High School: Year of graduation: 2000. Laudatur: 4.
	<ul style="list-style-type: none">• Post-doctoral researcher (tutkijatohtori), Aalto University, Department of Industrial Engineering and Management, from 1.3.2018.<ul style="list-style-type: none">○ Research on self-organizing, work motivation, and meaningful work. Teaching the course <i>Human Potential</i>.• Chairman of the board and trainer, Filosofian Akatemia Oy. Founder since 1.6.2010, chairman of the board since 5.10.2015.<ul style="list-style-type: none">○ Giving workshops, lectures and invited speeches at various companies, organizations and seminars. Developing the 1M€ company's business.
Previous positions:	<ul style="list-style-type: none">• Post-doctoral researcher (tutkijatohtori), University of Helsinki, Faculty of Theology, from 1.1.2015 until 31.12.2017.<ul style="list-style-type: none">○ Part of the <i>CoPassion – The Revolutionary Power of Compassion</i> research project that received 1.098.000 € funding from Tekes – The Finnish Funding Agency for Innovation (1.1.2015-31.12.2017).

	<ul style="list-style-type: none"> • Visiting scholar, Institute for Positive Psychology and Education, Australian Catholic University, 7.2.2017-30.3.2017. • Visiting scholar, University of Rochester, Department of Clinical and Social Sciences in Psychology, Human Motivations Research Group, 1.1.2013-31.5.2014. <ul style="list-style-type: none"> ○ Funded by a 17 months 66.500€ grant from Finnish Cultural Foundation for post-doctoral research work • PhD student (tohtorikoulutettava) (salaried), Aalto University, Dept. of Industrial Engineering & Management, 1.8.2009-31.12.2012. • PhD student (tohtorikoulutettava) (salaried), Helsinki University of Technology, Systems Analysis Laboratory, 1.6.2008-31.7.2009.
Research supervision:	<ul style="list-style-type: none"> • Currently supervising (as secondary supervisor) four doctoral students: Miia Paakkanen (U of Helsinki), Emilia Lahti (Aalto U), Jaakko Korhonen (Aalto U), Jaakko Sahimaa (U of Tampere).
Research funding:	<ul style="list-style-type: none"> • <i>Itseohjautuvuuden tila Suomessa – Itseohjautuvuuden yhteys työn imuun ja työuupumukseen kansallisesti edustavassa</i>, Työsuojelurahasto, 1.2.2020-30.4.2021, Total 85 000 € <ul style="list-style-type: none"> ○ Role: Project manager, Lead investigator, grant writer • <i>Minimalist Organization Design (MODE) project</i>, Business Finland, 1.11.2018-31.10.2020, total 611 000 € <ul style="list-style-type: none"> ○ Part of the 4 person research team that together engaged in grant writing and received salary from the project • <i>CoPassion – The Revolutionary Power of Compassion</i>, TEKES - The Finnish Funding Agency for Innovation, 1.1.2015-30.6.2017, total 1.098.000 € <ul style="list-style-type: none"> ○ PI: Prof. Anne Birgitta Pessi, ○ Assisted in grant writing & received a fully salaried post-doctoral researcher position • For post-doctoral research abroad, Finnish Cultural Foundation, 1.1.2013-31.5.2014, total 66.500 €
Teaching experience:	<ul style="list-style-type: none"> • Co-Lecturer (together with Olli-Pekka Kauppila and Samuli Patala), <i>Jobtamisen perusteet</i>, 6 credit course on principles of leadership, School of Business, Aalto University, Spring 2020 • Lecturer <i>Designing Life – Finding Motivation, Direction, and Meaning to Life and Work</i>, 6 credit course, School of Business, Aalto University, spring 2019 • Lecturer <i>Human Potential</i>, 6 credit course on work well-being, engagement, and motivation and how to lead them, Aalto University, fall 2018, 2019 • Lecturer, <i>Hyvä elämä – Arvot, onnellisuus ja merkityksellisyys</i>, 5 credit interdisciplinary course on values, meaning and good life, University of Helsinki, fall 2015, fall 2016, fall 2017. • Lecturer, <i>Study Group on Happiness</i>, 3 credit reading seminar for social psychology major students., University of Helsinki, spring 2015. • Lecturer, <i>Philosophy of Science for Organizational Researchers</i>, 3 credit post-graduate course, Aalto University, fall term 2012 • Lecturer, <i>Informaatioajan filosofia</i>, 5 credit introductory course to philosophy, Aalto University, spring terms 2008, 2009, 2010, 2011, 2012 & 2014. • Supervised 1 master thesis in Psychology on meaningful work, and 5 bachelor theses in Industrial Engineering and Management on topics such as 'Inner motivation', 'Prosocial motivation', 'Meaningful work', 'Calling', and 'Emotional intelligence.'

Awards and recognitions	<ul style="list-style-type: none"> • Title of Docent, Psychology of Well-being, University of Tampere, 2019 • The Finnish Business School Graduates (Suomen Ekonomit) literature award recognition prize for the book 'Draivi – Voiko sisäistä motivaatiota johtaa?' (written together with Karoliina Jarenko) in 2017 • Emerald 2015 Outstanding Author Contribution Award for the article <i>Sharing well-being in a work community - Exploring well-being generating relational systems</i> • Academy of Management Annual Conference 2012 Best Paper Proceedings for the paper <i>Caring Connections – Compassionate Mutuality in Organizational Life</i>
Memberships	<ul style="list-style-type: none"> • Society for Personality and Social Psychology • Association for Psychological Science • European Network for Positive Psychology • Positive Relationships at Work Microcommunity (Positive Organizational Scholarship) • Nordic Pragmatism Network
Linguistic skills:	<ul style="list-style-type: none"> • Finnish (mother tongue) • English (fluent) • Swedish (good) • Germany, Spanish (basics)
Other research activities:	<ul style="list-style-type: none"> • Preliminary examiner of doctoral thesis: Ossi Heino, 2016 (Tampere University of Technology), Polina Beloborodova, 2019, Higher School of Economics, Moscow, Kirsi Sjöblom, 2020 (University of Helsinki) • Ad hoc reviewer for the following journals: Journal of Personality and Social Psychology, Personality and Social Psychology Bulletin, Journal of Personality, Journal of Positive Psychology, Motivation and Emotion, Current Directions in Psychological Science, Perspectives on Psychological Science, Journal of Experimental Social Psychology, Social Psychological and Personality Science, European Journal of Psychological Assessment, Journal of Environmental Psychology, European Psychologist, Journal of Management Studies, Organization Studies, Management Learning, Teaching and Teacher Education, Plos One, British Journal of Guidance and Counselling, Current Psychology, Journal of Social Psychology, International Journal of Human Resource Management, Frontiers in Psychology, Ethical Theory and Moral Practice, Philosophia, New Ideas in Psychology, Journal of Business Research, Journal of Business Ethics, Review of General Psychology, Sage Open, Aging and Mental Health, International Journal of Psychology, Journal of Happiness Studies

List of Publications

Frank Martela

10/31/20

Peer-reviewed journal articles:	<ul style="list-style-type: none">• Martela, F., & Ryan, R. M. (2020). Distinguishing between basic psychological needs and basic wellness enhancers: The case of beneficence as a candidate psychological need. <i>Motivation and Emotion</i>, 44, 116–133. [Jufo: 1]• Martela, F. (2020). Apes in Tuxedos: Robust Sense of Meaning Built upon Our Evolutionarily Developed Basic Psychological Needs. <i>Evolutionary Studies in Imaginative Culture</i>, 4(1), 35–38.• Martela, F. (2019). What makes self-managing organizations novel? – Comparing how Weberian bureaucracy, Mintzberg’s adhocracy, and self-organizing solve six fundamental problems of organizing. <i>Journal of Organization Design</i>, 8(23). [Jufo: 1]• Martela, F., Bradshaw, E. L., & Ryan, R. M. (2019). Expanding the Map of Intrinsic and Extrinsic Aspirations Using Network Analysis and Multidimensional Scaling: Examining Four New Aspirations. <i>Frontiers in Psychology</i>, 10. [Jufo: 1]• Martela, Frank & Kennon Sheldon (2019): Clarifying the concept of well-being: Psychological need-satisfaction as the common core connecting, eudaimonic and subjective well-being. <i>Review of General Psychology</i>, 23 (4), 458-474. [Jufo: 1]• Martela, Frank & T. J. J. Riekkari (2018): Autonomy, Competence, Relatedness, and Beneficence: A Multicultural Comparison of the Four Pathways to Meaningful Work. <i>Frontiers in Psychology: Organizational Psychology</i>, 9, 1-14. [Jufo: 1]• Martela, Frank & A. B. Pessi (2018): Significant Work Is About Self-Realization and Broader Purpose: Defining the Key Dimensions of Meaningful Work. <i>Frontiers in Psychology: Organizational Psychology</i>, 9(363), 1-15. [Jufo: 1]• Martela, Frank, Richard Ryan & Michael F. Steger (2018): Meaningfulness as satisfaction of autonomy, competence, relatedness, and beneficence: Comparing the four satisfactions and positive affect as predictors of meaning in life. <i>Journal of Happiness Studies</i>, 19(5), 1261-1282. [Jufo: 1]• Martela, Frank (2018). Four reasonable, self-justifying values – How to identify empirically universal values compatible with pragmatist subjectivism. <i>Acta Philosophica Fennica</i>, 94, 101-128.• Martela, Frank (2017): Meaningfulness as contribution. <i>Southern Journal of Philosophy</i>, 55(2), 232-256. [Jufo class: 2]• Martela, Frank (2017): Moral philosophers as ethical engineers – The limits of moral philosophy and a pragmatist alternative. <i>Metaphilosophy</i>, 48(1-2), 58-78. [Jufo: 2]• Martela, Frank & Richard Ryan (2016): The benefits of benevolence: Basic psychological needs, beneficence and the enhancement of well-being. <i>Journal of Personality</i>, 84(6), 750-764. [Jufo: 3]
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	<ul style="list-style-type: none"> • Martela, Frank & Richard Ryan (2016): Prosocial behaviour increases well-being and vitality even without contact with the beneficiary: Causal and behavioral evidence. <i>Motivation & Emotion</i>, 40(3), 351-357. [Jufo: 1] • Martela, Frank & Michael F. Steger (2016): The three meanings of meaning in life: Distinguishing coherence, purpose and significance. <i>Journal of Positive Psychology</i>, 11(5), 531-545. [Jufo: 1] • Martela, Frank (2015): Fallible inquiry with ethical ends-in-view – A pragmatist philosophy of science for organizational research. <i>Organization Studies</i>, 36(4), 537-563. [Jufo: 3] • Martela, Frank & Esa Saarinen (2013). Systems Metaphor in Therapy Discourse: Introducing Systems Intelligence. <i>Psychoanalytic Dialogues</i>, 23(1), 80-101. [Jufo: 1]
Peer-reviewed book chapters	<ul style="list-style-type: none"> • Martela, Frank (in press): Self-determination theory. In <i>The Wiley-Blackwell Encyclopedia of Personality and Individual Differences: Vol. I. Models and Theories</i>. Eds. Bernardo J. Carducci & C.S. Nave. Hoboken, NJ: John Wiley & Sons. • Martela, F., Greve, B., Rothstein, B., & Saari, J. (2020). The Nordic Exceptionalism: What Explains Why the Nordic Countries are Constantly Among the Happiest in the World. In J. F. Helliwell, R. Layard, J. Sachs, & J.-E. De Neve (Eds.), <i>World Happiness Report 2020</i> (pp. 129–146). Sustainable Development Solutions Network. • Vuori, J., & Martela, F. (2020). Neuvonpito itseohjautuvan organisaation käytänteenä. In A.-M. Huhtinen & E. Melgin (Eds.), <i>Hallitsematon viestintä</i> (pp. 110–123). Procomma Academic. https://helda.helsinki.fi/handle/10138/314487 • Martela, Frank (2019). Is moral growth possible for managers? A pragmatist look at managerial ethics. In Mark Dibben and Steven Segal (Eds.): <i>Handbook of Philosophy of Management</i>, Springer • Martela, Frank (2017): Can good life be measured? The dimensions and measurability of a life worth living. In Gaël Brulé & Filomena Maggino (Eds.): <i>Metrics of subjective well-being: Limits and improvements</i>. Springer, pp. 21-42. • Martela, Frank & Tuukka Kostamo (2017): Adaptive self-organizing: The necessity of intrinsic motivation and self-determination. In <i>Knowledge Management and Complexity</i>. Ed. Anne Eskola. Routledge. • Martela, Frank & Vlad Costin (2017): Meaning in Life. In <i>Oxford Bibliographies in Psychology</i>. Ed. Dana S. Dunn. New York: Oxford University Press, http://doi.org/10.1093/obo/9780199828340-0197. • Martela, Frank, Cody R. DeHaan & Richard Ryan (2016): On enhancing and diminishing energy through psychological means: Research on vitality and depletion from self-determination theory. In E.R. Hirt, J.J. Clarkson & L. Jia (eds.): <i>Self-Regulation and Ego Control</i>, Elsevier, New York, 67-85. • Ryan, Richard & Martela, Frank (2016): Eudaimonia as a way of living: Connecting Aristotle with self-determination theory. In Joar Vittersø (ed): <i>Handbook of eudaimonic well-being</i>. Springer, New York, 109-122. • Martela, Frank (2015): Pragmatism as an attitude. In Ulf Zackariasson (ed): <i>Nordic Studies in Pragmatism 3: Action, Belief and Inquiry - Pragmatist Perspectives on Science, Society and Religion</i>. Helsinki: Nordic Pragmatism Network, 187-207.

	<ul style="list-style-type: none"> • Martela, Frank (2014): Sharing well-being in a work community - Exploring well-being generating relational systems. In Neal Ashkanasy, Charmine Hätel & Wilfred Zerbe (Eds.): <i>Research on Emotions in Organizations: Vol. 10</i>, Emerald Group, 79-110. • Luoma, Jukka & Frank Martela (2014): When to think and when to act: Timing of intuitive and systemic thinking. <i>Academy of Management Annual Meeting Proceedings</i>. • Martela, Frank: (2012): Caring Connections – Compassionate Mutuality in Organizational Life. <i>Academy of Management Annual Conference Best Paper Proceedings</i>.
Non-refereed scientific articles	<ul style="list-style-type: none"> • Martela, F. (2020). Merkityksellinen työ – Mitä se on, miksi siihen kannattaa panostaa ja miksi se on erityisen tärkeää juuri nyt? <i>Työn Tuuli</i>, 1/2020, 8–16. • Martela, F. (2018). Finland Is the Happiest Country in the World, and Finns Aren't Happy about It. <i>Scientific American Mind</i>, 29, 44-46. • Martela, F. (2018). Maailman onnellisin vai keskinkertaisen masentunut kansa – miten onnellisuutta politiikan päämääränä tulisi mitata Suomessa? <i>Yhteiskuntapolitiikka</i>, 83(3), 330–337. • Martela, Frank & Tirkkonen, Sanna (2017): Miten puhua hyvinvoinnista? Niin & näin: filosofinen aikakauslehti 24 (2 (93)), 54-57 • Martela, Frank (2017): Hyväntekeminen inhimillisenä perustarpeena: Miksi myötätuntoinen toiminta tuntuu hyvältä? In A.B. Pessi, F. Martela & M. Paakkanen (Eds.): <i>Myötätunnon mullistava voima</i>. PS-kustannus, Jyväskylä. • Juntunen, Elina, Anne Birgitta Pessi, Tapio Aaltonen, Frank Martela & Tii Syrjänen (2017): Myötätunto ja merkityksellisyys työssä. In A.B. Pessi, F. Martela & M. Paakkanen (Eds.): <i>Myötätunnon mullistava voima</i>. PS-kustannus, Jyväskylä. • Pessi, Anne Birgitta & Frank Martela (2017): Myötätuntoista ihmistä ja työelämää etsimässä. In A.B. Pessi, F. Martela & M. Paakkanen (Eds.): <i>Myötätunnon mullistava voima</i>. PS-kustannus, Jyväskylä. • Paakkanen, Miia, Frank Martela, Jarkko Rantanen & Anne Birgitta Pessi (2017): Kuinka oppia tunnetaitoja?. In A.B. Pessi, F. Martela & M. Paakkanen (Eds.): <i>Myötätunnon mullistava voima</i>. PS-kustannus, Jyväskylä. • Martela, Frank, Iida Mäkikallio & Villiam Virkkunen (2017): Itsemääräämisteoria ja psykologiset perustarpeet työssä [Self-determination theory and basic psychological needs at work]. In K. Salmela-Aro & J.-E. Nurmi (Eds.): <i>Mikä meitä liikuttaa – Motivaatiopsykologian perusteet</i>. PS-kustannus, Juva. • Paakkanen, Miia, Frank Martela & Anne Birgitta Pessi (2016): Kohti inhimillisempää yrityselämää [Towards a more humane worklife]. In S. Kivistö, S. Pihlström & M. Tolonen (Eds.): <i>Talous ja moraali</i>. Gaudeamus, Helsinki. • Martela, Frank 2015: Vapauksien globaali vahvistuminen ja ihmiskunnan parempi tulevaisuus – kirja-arvostelu Christian Welzelin kirjasta Freedom rising . <i>Yhteiskuntapolitiikka</i> 5/2015. [Book review of Christian Welzel’s Freedom rising]

	<ul style="list-style-type: none"> • Martela, Frank 2014: Onnellisuuksien psykologia [Psychology of happinesses]. In Lotta Uusitalo-Malmivaara (Ed.): <i>Positiivisen psykologian voima</i>, PS-kustannus, Jyväskylä, 30-62. • Martela, Frank 2013: Onnellisuus [Happiness]. <i>Filosofian Logos-ensyklopedia</i>. • Martela, Frank 2010: Filosofina olo julkisena roolina – filosofin oikeuksista ja velvollisuuksista mielipiteensä ilmaisuun [Philosopher as a public role – Of philosophers' rights and responsibilities to express their opinions publicly]. In Kristian Klockars, Ilkka Niiniluoto & Kristina Rolin (Eds.): <i>'Oikeus'</i>. Filosofisia tutkimuksia Helsingin yliopistosta. • Martela, Frank & Esa Saarinen 2008: The Nature of Social Systems in Systems Intelligence: Insights from Intersubjective Systems Theory. In Raimo P. Hämmäläinen and Esa Saarinen (eds.): <i>Systems Intelligence – A New Lens on Human Engagement and Action</i>, Helsinki University of Technology, Systems Analysis Laboratory, August 2008, 189-210.
Scientific books	<ul style="list-style-type: none"> • Martela, Frank, Lauri Järvilehto, Peter Kenttä & Jaakko Korhonen (Eds.) 2013: <i>Elämän filosofi</i> [Philosopher of Life]. Aalto-yliopiston julkaisusarja Crossover, 7/2013.
Publications intended for the general public:	<ul style="list-style-type: none"> • Martela, Frank (2020): <i>A Wonderful Life – Insights on Finding a Meaningful Existence</i>. Harper Design, An Imprint of HarperCollins. <ul style="list-style-type: none"> ◦ Translation rights sold to German (Blessing Verlag), French (Éditions Leduc.s), Spanish (Ediciones Urano, Finnish (Gummerus), Dutch (Ambo Anthos), Norwegian (Gursli Berg, Estonia (Rahva Raamat), Lithuania (Obuolys), Romanian (Editura Humanitas), Croatian (Planetopija), Greece (Klidarithmos), Turkey (Orman Kitap), South Korea (Across Publishing), Japanese (Harper Collins), Russia (Eksmo), Taiwanese (Crown) • Pessi, Anne Birgitta, Frank Martela & Miia Paakkanen (2017): <i>Myötätunnon mullistava voima [The revolutionary power of compassion]</i>. PS-kustannus, Juva. • Martela, Frank & Karoliina Jarenko 2017 (Eds.): <i>Itseohjautuvuus – Miten organisoitua tulevaisuudessa? [Self-management – How to organize in the future?]</i> Alma Talent, Helsinki. • Martela, Frank & Karoliina Jarenko 2015: <i>Draivi- Voiko sisäistä motivaatiota johtaa? [Drive – Can you lead intrinsic motivation?]</i> Talentum. • Martela, Frank 2015: <i>Valonöörit – Sisäisen motivaation käsikirja [Lightneers – Handbook of intrinsic motivation]</i>. Gummerus, Juva. • Martela, Frank & Karoliina Jarenko 2014: <i>Sisäinen motivaatio – Tulevaisuuden työssä tuottavuus ja innostus kohtaavat [Intrinsic motivation – In the work of the future, productivity and engagement will meet]</i>. Eduskunnan tulevaisuusvaliokunnan julkaisuja, 3/2014. • Martela, Frank 2013: <i>Tahdonvoiman käyttöohje – Näin saat asioita aikaan [The Willpower Manual – How to get things done]</i>. Helsinki: Tammi.
Theses:	<ul style="list-style-type: none"> • Martela, Frank 2019: <i>A pragmatist inquiry into the art of living - Seeking reasonable and life-enhancing values within the fallible human condition</i>. Doctoral Dissertation, University of Helsinki, Faculty of Social Sciences. • <u>Martela, Frank 2012: <i>Caring Connections – Compassionate Mutuality in Organizational Life of a nursing home</i>. Doctoral Dissertation, Aalto</u>

	<p>University, School of Science, Department of Industrial Engineering and Management.</p> <ul style="list-style-type: none"> • Martela, Frank 2008: <i>Ontologisesta naturalismista moraaliseen relativismiin – tai miksi Searle vaikenee moraalista?</i> Master’s thesis, Helsinki University. • Martela, Frank 2005: <i>The significance of culture in promotion of corporate social responsibility in the supply chain: A case study of India.</i> Master’s thesis, Helsinki University of Technology.
<p>Invited lectures:</p>	<ul style="list-style-type: none"> • Keynote speech 22.5.2019, <i>Self-Determination Theory Conference</i>, Amsterdam, NL. • Invited speech 19.4.2019, Meaning of Life Conference, <i>Harvard University</i>, US • Invited speech, 1.12.2018, Compassion in the Age of Disruption Summit, <i>University of Edinburgh</i>, Edinburgh, UK • Invited speech, 3.4.2017, Motivation in Educational Research Lab, <i>National Institute of Education</i>, Singapore • Invited speech, 15.3.2017, Institute for Positive Psychology and Education, <i>Australian Catholic University</i>, Strathfield, NSW, Australia • Invited speech, 13.1.2017, Department of Psychology, <i>Simon Fraser University</i>, Burnaby, B.C., Canada • Invited speech, 24.1.2017, CoPassion CoWorking Symposium, <i>Stanford University</i>, Ca. • Invited speech 17.3.2016, Center for Compassion and Altruism Research and Education (CCARE), <i>Stanford University</i> (together with A. B. Pessi, M. Paakkanen, A. Seppänen) • Invited speech, 9.3.2015, <i>Suomalainen tiedeakatemia</i> [Finnish Academy of Science and Letters], ‘Arvokas elämä - Itsensä toteuttamista ja yhteyttä toisiin ihmisiin.’
<p>Conference presentations:</p>	<ul style="list-style-type: none"> • Frank Martela 2020: Society for Personality and Social Psychology, New Orleans, Lo. 27-29.2, Existential Psychology Pre-Conference ‘Beneficence makes activities and work meaningful: Evidence from one longitudinal and three experimental studies’ • Frank Martela 2019: <i>IMEC International Meaning Conference</i>, London, 12-14.7.: ‘Is the Crisis of Meaning a Modern Phenomenon? A Historical Analysis of Key Transitions in the Western Culture’ • Frank Martela 2018: <i>European Conference on Positive Psychology</i>, Budapest, 27.-30.6: ‘Does awareness of your interests make life more meaningful? – Examining whether autonomy mediates the relationship between interest awareness and meaning in life’ • Frank Martela 2018: <i>European Conference on Positive Psychology</i>, Budapest, 27.-30.6: ‘Meaningfulness as significance – Authenticity and contribution as two key pathways to what makes life worth living’ • Frank Martela 2018: <i>Third European Pragmatism Conference</i>, Helsinki 13.-15.6: ‘What ends-in-view are in view at the end of the inquiry?’ • Frank Martela, Miia Paakkanen, Jari Hakanen, Anne Birgitta Pessi & Lotta Uusitalo-Malmivaara 2017: <i>World Congress on Positive Psychology</i>, Montreal, 13.-16.7: ‘The Benefits of Benevolence at Work - Prosocial Impact Increases Work Engagement and Work Meaningfulness in a Longitudinal Setting’

- Wenceslao Unanue, Frank Martela & Vivian Vignoles 2017: *World Congress on Positive Psychology*, Montreal, 13.-16.7: 'The Link between Positive Emotions and Need Satisfaction: Integrating Broaden-and-Build Theory and Self-determination Theory'
- Touko Kuusi, Frank Martela & Keegan Knittle 2017: *World Congress on Positive Psychology*, Montreal, 13.-16.7: 'Does Prosocial Behavior Increase Well-being in Controlled Experiments? A Systematic Review and a Meta-analysis'
- Frank Martela, Miia Paakkanen, Jari Hakanen & Anne Birgitta Pessi 2016: *Terveyspsykologian päivät*, Helsinki, 25.-26.10: 'Improving manager compassion in organizational context – An intervention study'
- Frank Martela 2016: The 6th International Self-determination theory conference, Victoria, Canada, 2.-5.6: 'Could the need to do good to others be a basic psychological need?'
- Frank Martela 2015: Positive Organizational Scholarship Research Conference, Orlando, Fl., 23.-24.6: 'What makes work meaningful? Autonomy and benevolence as key elements of meaningful work'
- Frank Martela & Richard Ryan 2015: Fourth World Conference of Positive Psychology, Orlando, Fl., 25-28.6: 'Meaning in life and basic psychological needs: A new look at whether positive affect predicts meaningfulness'
- Wenceslao Unanue, Frank Martela & Vivian Vignoles 2015: Fourth World Conference of Positive Psychology, Orlando, Fl., 25-28.6: 'Positive Emotions Predict Need Satisfaction and Vice Versa: Integrating Self-determination Theory and Broaden-and-Build Theory'
- Jari Hakanen, Frank Martela, Miia Paakkanen, Lotta Uusitalo-Malmivaara, & Kaisa Vuorinen 2015: Fourth World Conference of Positive Psychology, Orlando, Fl., 25-28.6, Workshop: 'Transforming Business through Compassion'
- Frank Martela & Richard Ryan 2015: Society for Personality and Social Psychology, Long Beach, Ca. 25.-28.2: 'Benevolence and basic psychological needs – Giving to others has an independent effect on well-being'
- Frank Martela & Richard Ryan 2014. American Psychological Association Convention, Washington D.C. 7.-10.8: 'Benevolence and basic psychological needs: Evidence for independent effect on well-being'
- Frank Martela 2014. Academy of Management Annual Meeting, Philadelphia, 1.-5.8: 'When caring is mutual – Energy-giving client interactions'
- Jukka Luoma & Frank Martela 2014. Academy of Management Annual Meeting, Philadelphia, 1.-5.8: 'When to think and when to act: Timing of intuitive and systemic thinking in management'
- Frank Martela & Richard Ryan 2014. 7th European Conference of Positive Psychology, Amsterdam, 1.-4.7: 'Elements of meaning in life: Empirical evidence for four needs of meaningfulness.'
- Frank Martela 2013. 23rd World Congress of Philosophy, Athens, 4.-10-8: 'Moral philosophers as ethical engineers – Limits of moral philosophy and a pragmatist alternative'

- Frank Martela 2013. 5th International Conference on Self-Determination Theory, Rochester, 27-30.6: 'A proposal for two subtypes of relatedness as a basic human need: Sense of belonging and contribution.'
- Frank Martela 2013. May Meaning Meeting, Nordman Lake, 11-13.6: 'The Dynamics of the Caring Encounter: The Art of Embodied Mutuality in Organizational Life.'
- Frank Martela 2012. Academy of Management, Boston, 4.8-8.8: 'Caring Connections – Compassionate mutuality in organizational life.'
- Frank Martela 2012. Academy of Management, Boston, 4.8-8.8: 'Leadership as a role – The follower expectations in a caregiving organization.'
- Frank Martela 2012. Annual conference of European Group of Organizational Studies (EGOS), Helsinki 5-7.7: 'The dynamics of the caring encounter – The art of embodied mutuality in organizational life.'
- Frank Martela 2012. European Conference of Positive Psychology, Moscow, 26.-29.6: 'From Acts of Caregiving to Caring connections – Compassionate mutuality in human interaction.'
- Frank Martela 2012. Emonet – International conference on Emotions and Worklife, Helsinki, 2-3.7: 'Shared well-being in a work community – Exploring well-being generating relational systems.'
- Frank Martela 2012. Congress for Doctoral Students in Philosophy, Tampere 1.-3.10: 'Moral philosophers as ethical engineers – A pragmatist view of the task of moral philosophy'.
- Frank Martela 2012 Suomen Filosofisen Yhdistyksen Talous-kollokvio, 9.-10.1: 'Ontologia ajattelutaloudellisena kysymyksenä – askeleet pragmaattiseen ontologiaan.'
- Frank Martela 2011. Annual conference of European Group of Organizational Studies (EGOS), Gothenburg 6.-9.7: 'Abductive mode of inquiry – A pragmatic alternative for conducting organizational research'.
- Frank Martela 2011. Nordic Pragmatism Conference, Copenhagen 22.-24.8: 'Scientific inquiry as an ethical enterprise – A pragmatic understanding of social sciences.'
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- Frank Martela 2010: Academy of Management, Montreal, 6.8-10.8: 'Meaningful work – An integrative model based on the human need for meaningfulness'.
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